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Fractional RF Modalities Eliminate Color Barrier

In a global context, the challenge with facial rejuvenation is that the most common therapies rely on thermal damage caused by laser energy. While experts agree that this approach is very effective, it prevents a significant amount of the world's population from receiving treatment since treating dark skin with laser and light energies carries inherent risks such as post-inflammatory hyperpigmentation. Two radiofrequency (RF) based devices are eliminating this color barrier, offering predictable, reproducible results that are both universally accessible and effective.

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myPROBIOTIC PEEL Kits Naturally Renew Skin

By Sarah Franz Wheeler, Contributing Editor

Two, new chemical peels and maintenance skincare products from mybody skincare (Phoenix, Ariz.) are providing ideal, effective, non-invasive alternatives for patients seeking painless skin renewal, with immediate results and no downtime. The proprietary components of the company's innovative myPROBIOTIC PEEL™ kits offer targeted treatment for improvement of tone and texture, reduction of fine lines and wrinkles, as well as repair and combat of acne prone skin.

myPROBIOTIC PEEL's distinct feature lies in the delivery of "good" bacteria – probiotics – which trick the skin into thinking it is under attack by harmful bacteria. Topical application of probiotics activates toll-like receptors which are a type of pattern recognition receptor (PRR). Since the skin is a large organ with significant immune-sensitivities, it responds to the application of probiotics with dynamic, natural defenses and renewal effects. This collection of PRR proteins are responsible for triggering important immune cell responses that stimulate and regenerate skin cells.



Jack Friedland, M.D.
Friedland Aesthetic, Plastic and
Reconstructive Surgery Practice
Scottsdale, AZ

Many aesthetic practitioners, including Jack Friedland, M.D., of Friedland Aesthetic, Plastic and Reconstructive Surgery Practice in Scottsdale, Ariz., are touting probiotics as the new standard of clinical peels. "I feel that myPROBIOTIC PEEL

kits are highly effective for aging and acne prone skin when used to correct, protect and maintain the appearance of youthful, healthy skin," he explained.

In comparison to traditional, invasive chemical peels, myPROBIOTIC PEEL kits feature specialized chemical treatments which enable probiotics to pass through the upper skin layers with little or no irritation. From there, probiotic bi-reactions begin. "Traditional chemical peels follow an antiquated 'burn their way down' approach," noted Dr. Friedland. "Conversely, myPROBIOTIC PEELS work on a subdermal level to safely activate the skin's own immune process, thereby initiating a healing and rejuvenated tissue response."



Lisa Gulcher, M.D.
Owner and Operator
Advanced Medical Aesthetics Med Spa
Lake Zurich, IL

According to Lisa Gulcher, M.D., owner and operator of Advanced Medical Aesthetics Med Spa in Lake Zurich, Ill., "The biggest difference I have seen is the ability to influence changes in the skin without injuring it since the probiotics work from the inside out." Dr. Gulcher explained that this process avoids the inflammation caused by traditional chemical peels which is extremely advantageous to the patient, as there is no downtime and the risk of adverse reactions is minimized.

Another significant bonus with these peels is the quick results. "Positive effects begin immediately," Dr. Gulcher



34 year old female before Tx



34 year old female four weeks after two myPROBIOTIC Acne peels, ERASE IT kit and OBLITERATE treatments
Photos courtesy of Jack Friedland, M.D.

added. "My patients comment on how their skin feels tightened and deeply hydrated."

Dr. Friedland has observed similar results. "Most patients experience immediate tightening and a smoothness in texture shortly after the peel with long-term results."

mybody offers two kits with unique objectives. The myPROBIOTIC PEEL for Anti-Aging fuses a gentle complex



49 year old female before Tx



49 year old female three weeks after two myPROBIOTIC Anti-Aging peels and REVERSE IT kit treatments
Photos courtesy of Jack Friedland, M.D.

of Alpha Hydroxy Acids (AHAs) with the healing and regenerative science of myPROBIOTICS™ Renewal Technology to instantly help restore the skin's natural radiance and tone, along with a series of lasting youthifying benefits.

"We have found that the myPROBIOTICS Skin Renewal Technology and formulations provide instant gratification for our clients that are looking for more youthful, radiant skin with just one treatment," said Dr. Gulcher. "We recommend the Anti-Aging peel every two to four weeks and have seen improvement in fine lines, wrinkles, hyperpigmentation, skin tone and texture. The skin takes on a youthful glow."

The myPROBIOTIC PEEL for patients with severe acne or acne prone skin fuses salicylic acid with the Renewal Technology to instantly help minimize surface acne, while preventing future breakouts, by regulating the skin's pH balance and controlling the growth and spread of *P. acnes* bacteria.

"For our patients with acne, I recommend using the mybody Acne peel kit every two weeks," said Dr. Gulcher. "When the acne is under control, we recommend continuing with maintenance treatments every two to four weeks. The ERASE IT home treatment kit from mybody is used in conjunction with this peel to help reduce *P. acnes* bacteria and associated inflammation, redness, papules and pustules."

Each all-inclusive myPROBIOTIC PEEL kit features single-use applicators, in addition to a Prep Pen and Peel Pen, which ensure safer, faster and more precise peel application. The Prep Pen is the same in both kits and uses lauric acid (coconut oil) to help maintain moisture; licorice root extract to prevent melanin production; and vitamin C ester for antioxidant protection. The Anti-Aging Peel Pen and the Acne Clarifying Peel Pen contain special chemical concentrations designed to achieve respective results via deep dermal penetration, cell renewal and anti-microbial healing.

"From a practical standpoint, I like the fact that everything my staff and I need to perform a mybody peel is contained in the kit," Dr. Gulcher noted. "It makes application very convenient as there is no complicated mixing. It also decreases the likelihood of making a mistake."

Designed for convenience, practitioners are happy to offer patients the follow-up care products contained within each myPROBIOTIC PEEL kit. "I like that I don't have to invest in back bar products because



51 year old male before Tx



51 year old male four weeks after two myPROBIOTIC peels and A-TEAM treatments
Photos courtesy of Jack Friedland, M.D.

everything is included in the kit and goes home with the patient," Dr. Gulcher continued. "Best of all, our patients feel like we are giving them a special bonus when they receive the five day supply of at-home skincare products that help maximize the positive effects of the peel."

"My patients are optimistic about the process and are excited by the results," reported Dr. Friedland. "In the past, patients have had the mindset that pain or irritation means the peel is working. This is no longer the case. myPROBIOTIC PEELS are changing the face of chemical peeling. My patients can have the peel and see instant results within fifteen to twenty minutes."