

NEW YOU

THE FUTURE OF BEAUTY AND ANTI-AGING

Issue 7 Fall / Winter 2011

How Old
Are You Really?
New Test Reveals

THE LAST
10 POUNDS
Gone. It's
Gone. Literally

Anti-Aging
Power Players
Stem Cells to the Rescue

SKIN RX
Doctor Prescriptions
for Beauty

SERIOUS
BREASTS
Safer, Shapelier
& More Natural than Ever

No More
Pouting
The Secrets to
Beautiful Lips

SIX SEXY
SUPPLEMENTS
Rev Up Your Drive

SKIN RX / GET THE GLOW

KIEHL'S EPIDERMAL RE-TEXTURIZING MICRO-DERMABRASION

Made with micro-sized crushed shells from ocean sand, this creamy skin polisher helps get rid of fine lines as well as discolorations on the face, hands and décolletage. Thanks to its advanced formula, which also contains sea eagle and willow bark, pores become virtually invisible.

Available at www.kiehls.com; \$41



REN RESURFACING AHA CONCENTRATE

Unlike your typical exfoliators, this toxin-free formula is not an actual scrub, but rather a leave-on treatment. An active cocktail of glycolic, lactic, tartaric and citric acids from various fruits resurface the complexion and do away with fine lines.

Available at www.sephora.com; \$46



TINTED SENSATIONS

By SARAH HEATH

Looking for summer-beautiful skin all year long just got a whole lot easier.

It has been said that women feel most beautiful during the summer. Now that chilly weather is on the way, the gorgeous glow that fuels that confidence can fade fast. Enter the Asian phenomenon currently making a statement here, B.B. Cream. This multi-tasking balm applies more like skin care than it does skin-cover, yet it offers a subtle, flawlessly tinted finish that not only replicates the sun's touch, but also has a high SPF and skin-smoothing properties.

BOTANICAL BLUSH

It makes sense that Boscia, with its Japanese heritage, was the first to launch here this summer—its version features self-adjusting tint, blemish-fighting ingredients and a UVA-specific rating in addition to the conventional UVB. Its rich botanical formula hydrates, firms and soothes the skin for a flawless finish. It also reduces the look of pores, fine lines and wrinkles, while working as a natural concealer. Say bye-bye to your imperfections!

(Boscia B.B. Cream SPF 27 PA++
www.sephora.com; \$38)



POST-SUMMER PINK

Smashbox's new BB cream covers the full spectrum of skin tones (Fair, Light, Medium, and Dark), all with serious moisturizing benefits, which can only make that post-summer glow even prettier. The 5-in-1 skin perfecting cream will prime, protect, and moisturize your skin to get you camera-ready. Its lightweight formula prevents the complexion from getting shiny without the typical chalky matte finish. Wear it alone for a sheerer look or under foundation for full coverage.

(Smashbox Camera Ready BB Cream
www.qvc.com; \$42)



PROTECT & SERVE

Looking for a skin tone boost with instant anti-aging benefits? Mybody Protect and Serve Tinted Sun Shield is a broad-spectrum UVA/UVB SPF 30, tinted, vitamin-loaded and complexion-perfecting makeup primer. Therese Clark, Co-Founder and Vice President of Creative Development at Mybody says, "This is what I call a 'Functional Performance Product' because it has so many great skin care benefits, but also creates a perfect glow that looks and feels like your own skin."

(Mybody Protect & Serve Tinted Sun Shield
www.lovelybody.com; \$65)

